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Caring for your Denture

Handling a denture requires care. It is a good idea to stand over a folded towel or a sink of water just in case you accidentally drop the denture.

Brushing the denture each day to remove food deposits and plaque helps prevent the appliance from becoming permanently stained. It is best to use a brush that is designed for cleaning dentures since it has bristles that are arranged to fit the shape of the denture. Look for denture cleansers with the American Dental Association (ADA) Seal of acceptance. Products with the ADA seal have been evaluated for safety and effectiveness.

Some people use hand soap or mild dishwashing liquid to clean their dentures. Both are acceptable. Other types of household cleaners and many types of toothpaste are too abrasive and should not be used for cleaning dentures.

At night, the denture should always be placed in a soaking solution or water since a denture could lose its proper shape if it is not kept moist.

Information complements of softdent

